

# Has Planetree patient-centered care models had a positive effect on patient outcomes?

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IMPLICATIONS FOR PRACTICE

CONCLUSION

INTRODUCTION

Planetree patient centered care model was founded in 1978 by Angelica Thieriot after firsthand experiencing a poor hospital visit. She claimed that the medical aspect was great, but there was no human touch and she felt very isolated. (Litschi, 2013). Friend and family were not allowed to visit, and she had no access to her own medical records. The Planetree philosophy is focused on "healing the body, mind and spirit" (IHI). Since the start of Planetree it has:

- Been used in every continent
- Has over 40 years of practice
- Has helped millions of patients

SIGNIFICANCE

Planetree is a type of patient care that aims to connect the patient and family directly to the patient care to improve outcomes. The core philosophy of Planetree is based on kindness, caring and respect for the patient (IHI).

The significance ties directly into positive patient outcomes. Having the patient being the center of the care plan allows for good patient communication and patient education. Susan Frampton is the President of Planetree and says it is not about what the care team is delivering, but rather how they deliver that care. Bringing together 3 major aspects of person-centered care, caring for patients and family, caring for the community and caring for the staff, all help the care team.

POSITION STATEMENT

Planetree patient-centered care models are effective in helping positive patient outcomes. Overall being person-centered helps the medical team care for the patient and his or her family in the best way possible. It promotes open communication between the patient and the care team. This results in the patient having more knowledge on his or her plan of care.

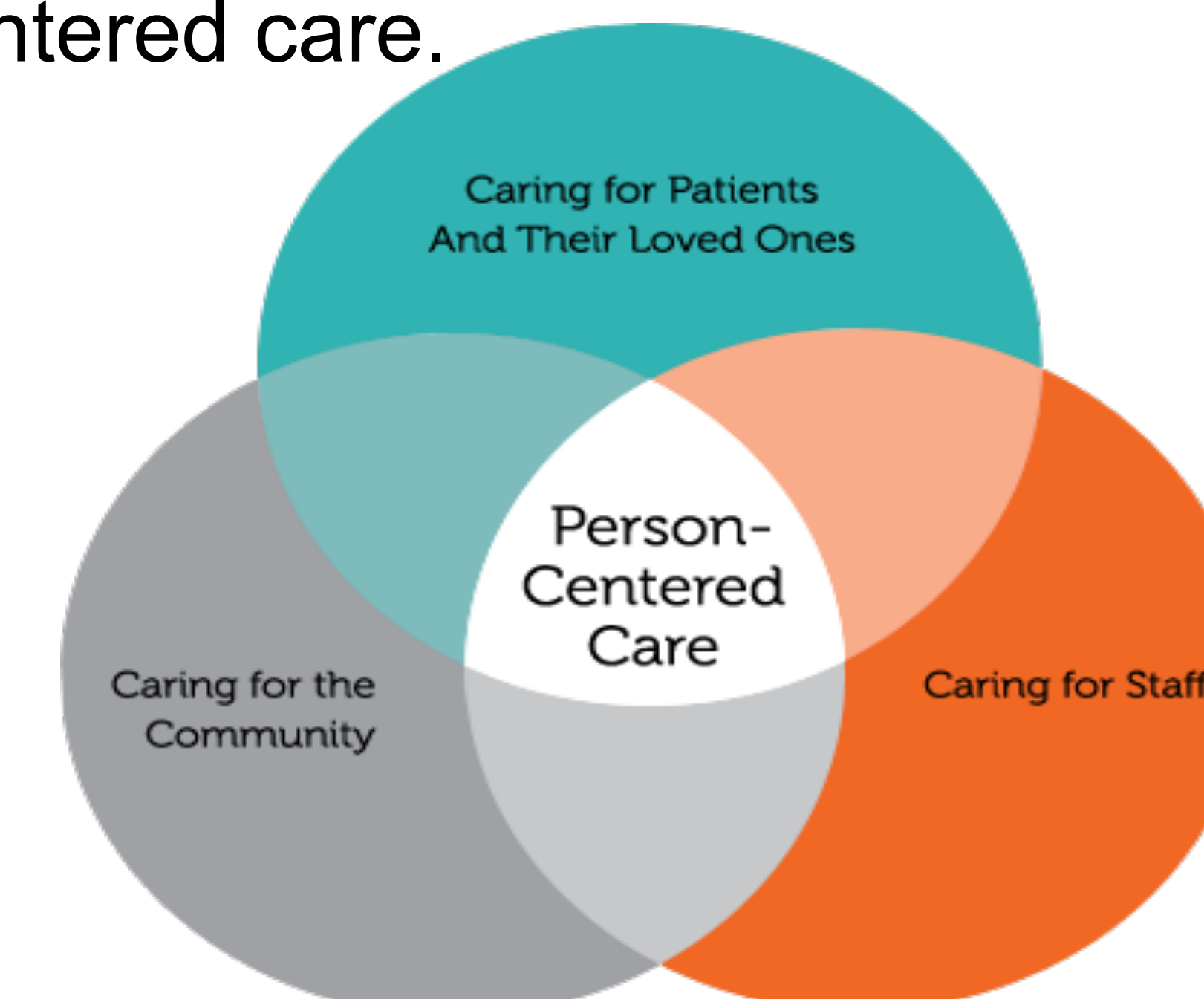
SUPPORT FOR POSITION

Health care is everchanging and the science is becoming more and more advanced, but there has not been a change in how the care is being delivered in many years (Stone, 2018).

In accordance with the Retrospective Evaluation of the Impact of Planetree Patient Centered Care Model the Planetree floors had a higher satisfaction rate with more surveys returned. This was related to the increase in education and communication. It was also observed and recorded that the Planetree floors had significantly higher scores for meals and nurses composite mean scores. This once again is related to the better communication and patient centered model (Stone, 2018).

Planetree is a patient centered care model that focuses on 10 different aspects of patient care in order to achieve the best possible experience for the patient and most of the time this results in a lower cost for the hospital. The 10 components are: human interaction, architectural and interior design, food and nutrition, patient and family education, family involvement, spirituality, human touch, healing arts, complementary and/or alternative therapy, and healthy communities (Planetree, 2018). Using these components to personalize a patient's care will lead to a better patient experience. Including the patient in decisions that must be made no matter how big or small are vital to the patient feeling more human resulting in better outcomes.

Below is a graph directly from the Planetree organizational website that depicts if there is care given for and by every part of the team then it will result in a person-centered care.



Ultimately, Planetree patient centered care model does have a positive effect on patient outcomes! Prioritizing the human being over the patient will allow for better outcomes. Caring for patients by including them in decision processes will make their hospital experience better and help improve patient outcomes.

Utilizing the whole team and gathering their expertise in their respective fields while still prioritizing the person emotionally and spirituality is the goal. With this approach the patients have access to their families and friends. They have access to their medical chart including all notes and orders.

Planetree has proven to be an effective way of giving patient care for all members of the care team while still reducing costs of visits for the hospital.

REFERENCES

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